

MONDAY MORNINGS

Monday mornings

Zoom Videoconference 10:00 AM-12:00 PM 8 weeks Jun 17-Aug 5

Fee: \$45

Class size limit: 20

Unusual Travel Experiences

Coordinator: Phil Weinstein

We live in an amazing time, a time when in a matter of less than 24 hours we can be halfway around the world in a country that will make a significant difference to our life experience. Perhaps you've traveled to Bhutan, Tuvalu, Sierra Leone, Paraguay, Moldova, or Turkmenistan and would enjoy sharing your experiences. Or maybe you've never visited an unusual travel destination but would still enjoy hearing about them (and maybe planning a future trip!) Why do we travel to unusual places with cultures vastly different from our own? How does visiting a distant land affect our view of the world?

Format: Each class participant is invited to discuss a unique less-traveled country. They may share their own photographs, stories, and experiences, or they may research a country they have not visited. But this is not just a class where you will show your travel slides. You will dig deeper, talking about the people, the culture, the customs, the cuisine, the art/music/dance, and other attributes which influence the traveler's perceptions. This is a Zoom video conferencing class (see box below for more information).

Resources/Expenses: No expenses are anticipated.

Coordinator: Phil Weinstein is a retired lawyer who has traveled extensively throughout his life and has taken cooking classes in most places where he has traveled. Phil has previously led LLC classes including Talking with Strangers and Recent U.S. Supreme Court Decisions.

Monday mornings*

Zoom Videoconference & Temple Beth-El (Showcase)

10:00 AM-12:00 PM

5 weeks

Jun 17, 24, Jul 8 & 15; Showcase: Thursday, Jul 18

Fee: \$45

Class size limit: 40

All That's Jazz: Preview of the Newport Jazz Festival (Includes a Jazz Showcase)

Artist: Clay Nordhill / Coordinator: Sam Shamoon

*NOTE: This Zoom class includes a live Jazz Showcase at Temple Beth-El on Thursday, July 18, 1-3 PM.

Listen and learn — what could be easier and more fun? This is the next installment of LLC's very popular class on the story of American jazz. If you took this course before, you will enjoy it again! This year we are approaching jazz through the lens of the Newport Jazz Festival (August 2, 3 and 4, 2024). We will preview each of the artists appearing at the JazzFest, each day's performance pieces and the artists. Come and learn about up-and-coming artists as well as icons who have graced the jazz stage for many years. So, when you go to the festival, you will be familiar with these great artists and enjoy their performances all the more. For the final class, Clay will be joined by several of his fellow jazz musicians who will entertain us with a Jazz Showcase concert at Temple Beth-El.

Format: Listening, lecture and discussion (no presentations required). This is a Zoom video conferencing class (see box below for more information).

Artist/Coordinator: Clay Nordhill, an accomplished jazz guitarist and composer, will lead the course. Clay is a graduate of URI with a focus on Jazz Performance. He has performed at the Newport Jazz Festival as well as at venues throughout the Northeast. He has spent much of the last two years on tour with the national company of *Annie* and will be with the company when it tours China. Sam Shamoon has coordinated this class since its inception.

We're pleased to offer Zoom courses and in-person courses this semester. COVID vaccination is a mandatory requirement for attending in-person classes. By the act of registering for an in-person class you will be attesting to being vaccinated. Masks are optional in the Temple and classrooms. We'll keep current with trends and regulations and may change as needed. Zoom is easy and free to class members. If you have not used Zoom, click here for a helpful introduction video.





Cover photography, "Double Exposure: Newport Bridge and the Sunset," was taken by Anne Caldarella in our Cell Phone Photography Club last fall. Anne has degrees in Psychology and Counseling and is retired from URI's College of Continuing Education, where she managed the Department of Student Services for the last 18 years of her career. Since joining LLC in 2011, she has taken seventeen photography courses, as well as Theater, Film, and Short Stories, to name a few. She is a regular participant in Cell Phone Photo Club, an ongoing class where members experiment with cell phone photography and photo editing. This edit combines two photos: the Newport Bridge, taken on land, and the sunset, taken on the ferry on the way home.

We are an independent, not-for-profit collaborative lifelong learning organization in Rhode Island, offering a program of affordable courses that cover a wide gamut of interests; trips and cultural events; as well as the opportunity to volunteer, serve on committees, coordinate a course and otherwise help shape the future of lifelong learning in our area.

This is LLC.

Come learn with us!

Our annual membership is low (\$40 yearly). You must be a member to participate in classes.

Many of our classes fill on the first day of registration. To avoid disappointment, we suggest that you register early at lifelonglearningcollaborative.org.

PHOTO AND VIDEO PERMISSION: LLC's Marketing Committee will occasionally seek to gather images and comments of members for use in promotional materials. By registering for an LLC class, you give permission for your image and/or comments to appear in photographs and videos taken during the class, to be used by LLC in any medium, including online and in print. Read our entire updated registration policy on page 6.

TUESDAY MORNINGS

Tuesday mornings

Zoom Videoconference 10:00 AM-12:00 PM 8 weeks Jun 18-Aug 6 Fee: \$45

Class size limit: 20

Current Decisions

Coordinators: Dennis Flavin, Dave Hansen

Join our annual examination of the important domestic issues, programs, policies, and political trends facing our nation in 2024. International issues are covered in the winter course Great Decisions. Every year provides an array of timely and controversial domestic topics to explore. This year, however, will be most interesting as we face November elections, major Supreme Court decisions, an ongoing abortion controversy, and a multitude of issues facing our nation. All of these occur within the context of broader problems confronting this country such as the politicization of and loss of confidence in our judicial system, the growing threat to our democracy, and the inability of Congress to legislate for its citizens.

Format: Individual and team presentations are encouraged to provide a background for class discussion. This is a Zoom video conferencing class (see box below for more information).

Resources/Expenses: There are no assigned texts nor readings. We will provide a list of topics for discussion but always welcome class members' suggestions. There are no anticipated expenses.

Coordinators: Dennis Flavin and David Hansen have coordinated this course and the Great Decisions course for several years. They strongly support the collaborative learning style with open, animated discussion and debate.

Tuesday mornings

Temple Beth-El

10:00 AM-12:00 PM 4 meetings spaced every 2 weeks over the 8-week semester Jun 25, Jul 9 & 23, Aug 6 Fee: \$25

Class size limit: 18

Beach Reads

Coordinators: Ruth Mills, Pat Nickles

Reading great literature is profound. Reading just for fun is a delight. This class will read four short novels (less then 250 pages) by authors whose books are often put in the category of beach reads, a good story, but maybe not great literature. The four books we will read are Nantucket Nights by Elin Hilderbrand, Somewhere off the Coast of Maine by Ann Hood, The Beach House by Rachel Hanna, and The Lost Girls of Ireland by Susanne O'Leary. The books are all set in coastal areas (Maine, South Carolina, Nantucket, and the west coast of Ireland).

Format: Every two weeks we will read one of the four short novels. The first hour of each class someone will lead a discussion of the book and the author. The second hour of the class someone will do a short

presentation and lead a discussion about the location where the book is set. Everyone is expected to read all four books and participate in discussions. Not everyone will have a chance to lead the discussions or do a presentation. You can volunteer to lead or present after registration.

Resources/Expenses: The novels are available at Rhode Island libraries and in paperback format for \$5 to \$10 on Amazon. All are available to buy or borrow electronically.

Coordinators: Pat Nickles is a retired city planner and novice potter who enjoys going to the beach and reading. Ruth Mills has taught English at the high school level and has participated in or co-coordinated the Memoir Writing course for many semesters.

TUESDAY AFTERNOONS

Tuesday afternoons

Temple Beth-El

1:00-3:00 PM 3 meetings

Jun 25, Jul 23 & Aug 13

Fee: \$20

Class size limit: 20

Cell Phone Photography Club

Coordinators: Ellen Fingeret, Margaret Lawrence

Do you enjoy taking pictures with your cell phone and then turning them into professional looking photographs by using the phone's powerful editing capabilities? Do you do a lot of photo editing and want to share your work with other enthusiastic photographers who also edit a lot? Join LLC's Cell Phone Photography Club this summer.

Format: Familiarity with an editing app is a prerequisite. Club members are expected to help with emailing photos and notices, and with assembling photo slideshows. We will meet three times during

the term to share unedited and edited versions of our photos and discuss the techniques that we have used to create the finished version. We will have a challenge theme or a project for each gathering, but no organized field trips and no formal instruction in editing tools.

Resources/Expenses: There is no text. Participants may share links to online materials that enhance our photo and editing skills. No expenses.

Coordinators: Ellen Fingeret and Margaret Lawrence started cell phone photography in LLC's Cell Phone Photography class. Both are enthusiastic cell phone photographers and photo editors.

Tuesday afternoons

Temple Beth-El

1:00-3:00 PM 8 weeks

Jun 18-Aug 6 (No class Jul 2)

Fee: \$45

Class size limit: 20

Biographies of Admired Unknown and Well-Known People

Coordinator: Helen Kagan

Do you have a favorite person, dead or alive, that you've always admired — anyone from Betty Grable to Nobel Prize winners to Joe Louis, and you'd love to know more about them? This class focuses on researching and presenting a biography about your admired individual while learning about your classmates most admired figures. We'll discuss various methods of research, determining what's relevant and how to organize the elements to create an interesting, informative and well researched presentation that brings your chosen person to life to the class. If you've always loved biographies and learning about what makes someone "tick," this is the class for you.

Format: Each student will select an individual of interest to them and prepare a short presentation that will include an introduction that captures the essence of the person, why you admire that person and key biographical details about their life, including upbringing, education, major life events, their most significant achievements and how they made a difference. There will be one presentation each hour of class. While presentations are strongly encouraged, they are not mandatory, however, lively participation in discussions is encouraged from all students.

Resources/Expenses: No textbooks will be used. Your information can be found on the Internet and in the library. Class handouts will be provided. No extra expenses are anticipated.

Coordinator: Helen Kagan holds a Masters in Education and Bachelors in History (Phi Alpha Theta). She has traveled extensively throughout Europe and Morocco, and is versed in Italian and German.

TUESDAY LATE AFTERNOONS

Tuesday late afternoons

Temple Beth-El

3:15-5:15 PM

8 weeks

Jun 18-Aug 13 (No class Jul 2)

Fee: \$45

Class size limit: 35

Scrabble Social Group

Coordinators: Sandy Pankiw, Tracey Zeckhausen

Do you have fond memories of playing Scrabble in your past? Now is your chance to get back in the game! Join us for a fun time and meet new friends! All levels are welcome.

Format: LLC provides game boards and Scrabble dictionaries. Players draw a colored stick to determine where to sit. This allows us to get to know each other better. You don't need to attend every week, but you do need to register and RSVP each week to participate. Please plan to arrive about 3:00 p.m. to help us get set up so we can begin play by 3:15. Tracey and Sandy will be on hand for rules clarification and other questions. Those who wish will gather afterwards at a nearby restaurant for dinner and conversation.

Resources/Expenses: We have Scrabble dictionaries on hand for your reference. All other supplies provided. There are no expenses.

Coordinators: Sandy Pankiw loves Scrabble and joined the group to meet new people when she moved to the Providence area. Tracey Zeckhausen has loved the game of Scrabble since she was old enough to spell. She has been coordinating the group for the past several sessions.

WEDNESDAY MORNINGS

Wednesday mornings

Multiple sites throughout RI/MA

10:00 AM-1 PM 8 weeks

Jun 19-Aug 14 (No class Jul 3)

Fee: \$45

Class size limit: 25

Plein Air Art

Coordinators: Susan Van Horne, Kathy Webster

Join us in an enjoyable group Plein air experience in an outdoor face-to-face format. Both newcomers as well as the experienced will have an opportunity to spend time exploring their inner artist. The class will include painting (in any medium), pastels, and drawing. If you have never held a paintbrush, you are welcome to give it a try. And if you are a working artist, just creating in nature is an inspiration.

Format: Classes will be held weekly in plein air settings in various convenient locations throughout Rhode Island and nearby MA. Painters provide their own transportation and will participate in a friendly critique of their work weekly.

Resources/Expenses: The class will use their own art supplies; once enrolled specific details will be provided. Costs will vary based on supplies on hand.

Coordinators: Susan Van Horne has been a Plein air and Open Studio painter since 2017. Kathy Webster has been a Plein air and Open Studio painter since 2010.

THURSDAY AFTERNOONS

Thursday afternoons

Zoom Videoconference 1:00-3:00 PM 5 weeks Jun 20, 27, Jul 11, 18 & 25

Fee: \$30

Class size limit: 20

Zoom to the Moon!

Coordinators: Murray Gintis, Mike Webster

Join us as we explore the Moon from our living rooms via Zoom. We anticipate learning from renowned experts from Brown, University of Arizona, and NASA, as well as each other. We will delve into the history and geology of the moon and the history of Moon exploration. We will talk about current projects and plans for the future exploration. In addition, we may have a visiting speaker on asteroids, meteors, and comets. Members of the class may want to do presentations on the following: How was the Moon formed? What is its composition? Why is only one side of the moon visible to us? Is there water on the Moon? How long is a second on the moon? What effect did the Cold War have on Moon exploration? What projects do other countries and private enterprises have in the pipeline?

Format: There will be talks by experts when possible. Class members are encouraged to select a topic and make a brief presentation or lead a discussion. This is a Zoom video conferencing class (see box below for more information).

Resources/Expenses: The coordinators will provide informative websites and videos as needed.

Coordinators: Murray Gintis is the retired CEO of ALS Computers, holds a CalTec Coursera Certificate in Planetary Science, and is a NASA/JPL Solar System Ambassador. Mike Webster has led many LLC courses and has always been interested in space.

FRIDAY MORNINGS

Friday mornings

Zoom Videoconference 10:00-11:00 AM (Note 1 hr length) 8 weeks Jun 21-Aug 9 Fee: \$95

Class size limit: 18

Get Fit at Home

Instructor: Adam Stone / Coordinator: Sam Shamoon

NOTE: This is a repeat of a popular course that has been offered many semesters. Participation in this class is at your own risk. Registrants will receive a waiver to sign upon registration.

Are you still sitting around since the Coronavirus lockdown, or do you just need some motivation? Join us in a personalized exercise course to help you get back on your feet with increased stamina, strength, agility, flexibility, and overall health.

Format: Our instructor, Adam Stone, will lead you through effective, safe, and functional exercises and offer individual feedback to ensure you employ proper techniques that are appropriate for Seniors. NOTE: The coordinator will record each Zoom session (see box on page 2 for more information) and email a link to each class member. This is for your own use only and not to be distributed anywhere. You will only see the instructor, not yourself or any class member. The purpose is so you can practice the moves on your own time and pace.

Resources/Expenses: You will need a set of exercise bands, dumbbells and one or more knee bands, all available locally or from Amazon.

Instructor: Adam Stone is the owner of STONEFIT, an independent Rhode Island based personal training company.

Coordinator: Sam Shamoon, an accomplished LLC coordinator, has been Adam's student for the last several years and is delighted with the results.

Class calendar available online at www.lifelonglearningcollaborative.org.

FRIDAY MORNINGS

Friday mornings

Temple Beth-El & various locations throughout RI/MA

10:00 AM-12:00 PM

8 weeks

Jun 28-Aug 16

Fee: \$45

Class size limit: 16

Forget Plymouth Rock – It All Started Right Here: The Real American Origin Story

Coordinator: David Weed

NOTE: This is a repeat of a popular course.

Would you like to know the American origin story from the perspective of the Massasoit Ousamequin and the Indigenous People who welcomed the Pilgrims in early 1621? They were the leaders of the Pokanoket Nation, an alliance of sixty tribes in Sowams or "the Land"

of the Clearing" from today's Providence to Bristol, RI. By identifying and visiting Indigenous and colonial sites in Sowams, the Tribe's ancestral homeland, we will study the events leading up to and following King Philip's War (1675-76) and the devastating transition of power from an ancient Indigenous nation to an English colonial confederation.



Format: Class members will have the opportunity to give presentations and lead discussions each week on topics that they will select from a list prepared by the coordinator. The first session will take place at Temple Beth-El, but all subsequent sessions will be held at outdoor and indoor locations throughout East Bay RI and nearby Massachusetts. Some walking on uneven terrain will be required in two of the eight sessions. The first half of each session will include a tour, and the second half will provide a member presentation.

Resources/Expenses: Nathaniel Philbrick's *Mayflower, A Story of Courage, Community, and War* (available at Amazon, new for \$11.69 and used from \$5.86 and up, or free through Ocean State Libraries).

Coordinator: Dr. David Weed serves as the Coordinator of the Sowams Heritage Area Project. He has identified over fifty locations that reveal the history of the Pokanoket Tribe and 17th century colonial settlement and authors an extensive website at SowamsHeritageArea.org.

UPDATED REGISTRATION POLICY – PLEASE READ CAREFULLY

RECORDING POLICY: LLC does not permit recording of classes due to the resulting inhibition of free and comfortable exchange of ideas and opinions. Any exceptions must be approved by the LLC President.

PHOTO AND VIDEO PERMISSION: As LLC expands its efforts to attract new members, the Marketing Committee will occasionally seek to gather images and comments of members for use in promotional materials. By registering for an LLC class, you give permission for your image and/or comments to appear in photographs and videos taken during the class, to be used by LLC in any medium, including online and in print. Any photos/videos of in-person or Zoom classes will be made only with advance permission of the course coordinator(s), and videos will be short excerpts only.

- Registration is accepted online (Visa/MasterCard) through our secure payment portal. Many of our classes fill on the first day of registration. To avoid disappointment, we suggest that you register early.
- Lifelong Learning Collaborative (LLC) classes are filled on a "first come/first served" basis up to the enrollment limit. Enrollment limits will include coordinators. No exceptions will be made to the enrollment limits.
- A waiting list will be formed after a class fills up. Members will not have to pay the registration fee to be put on the waiting list. If a space becomes available, members on the waiting list will be contacted in order via email giving them the option to register. If the member has in the meantime elected to register for a second choice of class, they may transfer out of that class into the waitlisted class.
- Confirmation of registration will be sent by email. If you do not receive confirmation immediately after registering, contact us at info@lifelonglearningcollaborative.org. We are not responsible for registration errors or registrations that did not submit.
- LLC reserves the right to cancel classes with fewer than ten participants. The decision will be made jointly by the coordinator
 and the Curriculum Committee chair. Those registered in cancelled classes will be given the opportunity to sign up for other
 classes or to receive a full refund.
- If a registrant withdraws from a class for any reason, a refund, minus a \$10 administrative fee, will be issued up to one week before the start date of the class. No refunds will be issued after that time unless there are extreme extenuating circumstances. REQUESTS FOR REFUNDS MUST BE MADE IN WRITING (email info@lifelonglearningcollaborative.org). Refund requests made through the Coordinator(s) will not be honored.
- Coordinators do not register or pay for the courses they coordinate. They must, however, be paid members of LLC.
- Guests are welcome in LLC classes one time only, with the advance approval of the Coordinator(s). There are no auditors.
- We understand that some LLC members may have difficulties with mobility and may use wheelchairs, walkers, or canes, or have difficulty with hearing or vision. Those members should notify the coordinator and arrive early for the first class to discuss what priority seating accommodations can be made.



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