Summersession 2021

Lifelong Learning

MONDAY MORNINGS

Monday mornings Zoom Video Conference 10:00 AM-12:00 PM 5 weeks Jun 21-Jul 19 Fee: \$30 Class size limit: 40

All That's Jazz: Ragtime, Blues, Swing, Bebop & More

Coordinators: Clay Nordhill, Sam Shamoon

Listen and learn – what could be easier and more fun? This is the next installment of LLC's very popular class on the story of American jazz. This year you will hear more stories of great jazz musicians, plus new recordings. You will continue to learn about inspiring performers and composers as well as younger players who are influencing jazz today.

Format: Listening, lecture and discussion (no presentations required). This is a Zoom video conferencing class (refer to the box below for more information).

Resources/Expenses: None.

Coordinators: Clay Nordhill, a Rhode Island based jazz guitarist and composer, will lead the course. Clay is a graduate of URI with a focus on Jazz Performance. He has performed at the Newport Jazz Festival as well as at venues throughout the Northeast. Sam Shamoon has coordinated this class several times.

MONDAY AFTERNOONS

Monday afternoons Zoom Video Conference	Current Decisions Coordinators: Dennis Flavin, Dave Hansen
1:00-3:00 PM	Each summer session for over a decade, we have reviewed and analyzed domestic issues facing our nation. The annual focus on international issues is covered in the winter course, Great Decisions. As always there are more topics than we can cover in 8 weeks. However, given the dramatic shift in political leadership, we have an opportunity for the first time in several years to reexamine with a new perspective some of the traditional and crucial issues, policies and programs. These include healthcare, immigration, climate change, education and the environment. We also hope to address some broader and overriding issues such as the long-term impact of COVID-19 on the economy, the relevance of traditional political parties.
8 weeks	
Jun 14-Aug 2	
Fee: \$25	
Class size limit: 25	

Format: Our goal is to discuss one or two issues each week. Individual or team presentations are encouraged. This is a Zoom video conferencing class (refer to the box below for more information).

the undermining of our Constitution and the growing threats of domestic terrorism.

Resources/Expenses: There are no assigned texts or readings. Presenters may suggest materials for class members to review on their chosen topic. There are no expenses.

Coordinators: Dave Hansen and Dennis Flavin have coordinated this course for a number of years as well as several other LLC courses. They strongly support the collaborative learning style through open animated discussions and debates.

Due to Covid-19, our Summersession courses will be conducted exclusively via Zoom. You will note that we have reduced course fees to reflect our lower operating costs using Zoom.



Zoom is easy and free to class members. A Zoom Task Force has been created to help navigate this new distance learning environment. A task force member is available to assist first-time Zoom users prior to your first class. To request assistance, email us at info@lifelonglearningcollaborative.org and a Zoom Task Force member will contact you.



Cover artwork, "2020 Breakaway" (watercolor), painted by LLC member Nancy Dubler.

We are an independent, not-for-profit collaborative lifelong learning organization in Rhode Island, offering a program of affordable courses that cover a wide gamut of interests; trips and cultural events; as well as the opportunity to volunteer, serve on committees, coordinate a course and otherwise help shape the future of lifelong learning in our area.

Our annual membership is low (\$25 yearly). You must be a member to participate in classes.

Many of our classes fill within the first few days of registration. To avoid disappointment, we suggest that you register early. For quickest service, register online at www.lifelonglearningcollaborative.org or see registration form.

TUESDAY MORNINGS

Tuesday mornings Zoom Videoconference Class 10:00 AM-12:00 PM 8 weeks Jun 15-Aug 3 Fee: \$25 Class size limit: 25

Summer Films

Coordinators: Kathy Castro, Laura Tucker

What could be more fun than to watch and discuss films set in that lazy, hazy, crazy time of year - the SUMMER? The list is much longer than one might think, and as you'll see, we have made some fabulous selections. Classics like Cat on a Hot Tin Roof, Annie Hall, Field of Dreams, Dirty Dancing - 15 in all! We promise you a summer film celebration you will long remember, and we hope these films will trigger the same "special feelings" you had the very first time you saw them.

Format: Participants will be responsible to view all films on their own, with two members presenting on films each week. We can provide help with film clips, graphics, etc. This is a Zoom video conferencing class

(see box on page 2 for more information).

Resources/Expenses: Films to be viewed are available through a variety of sources such as Netflix, Prime, YouTube, etc. as well as local libraries! There will be minimal expenses based on the film being watched and some will be at no cost through the local library or on YouTube.

Coordinators: Kathy Castro has been involved with LLC since it first began as a part of Brown University in the 1980s. She teaches writing at Bristol Community College, directed shows for the Little Theatre of Fall River, and loves movies! Laura Tucker has been a member of LLC since 2017, taking mostly Theatre and Film courses. Although, her deeply hidden inner techie has become enthralled with the Science courses. She is so looking forward to movie theaters reopening!

Tuesday mornings Sapiens: A Brief History of Humankind **Coordinator: Chuck Nickles Zoom Videoconference Class** 10:00 AM-12:00 PM Homo sapiens appeared on the planet about 100,000 years ago. There were other human species, but we 8 weeks alone survived. We'll look at the history of sapiens as we evolved from a hunter-gatherer, to the dominant Jun 15-Aug 3 species on earth. The text for this course, Sapiens: A Brief History of Humankind, is an objective study of how sapiens evolved through the three major events that shaped our history: the cognitive revolution, Fee: \$25 the agricultural revolution and the scientific revolution. We'll also examine the roles that religion, money, **Class size limit: 25** and empires played in the development of humankind over the ages and take a glance at our future. The author also considers our changing relation to other animals and the environment. This is a fascinating study, with some humorous and some frightening observations.

Format: Participants will read 3-4 chapters (about 50 pages) before each class. Each person will make a presentation on a particular topic(s) within those chapters and lead a lively discussion. (Click here to see the course syllabus.) This is a Zoom video conferencing class (see box on page 2 for more information).

Resources/Expenses: The text for this course is Sapiens: A Brief History of Humankind by Yuval Noah Harari available for \$9.00 (used) and up on Amazon.

Coordinator: Chuck Nickles is a retired physics lecturer and has coordinated many LLC courses. He also worked in industry on automated precision measurement systems, and energy conservation.

Registration opens Monday, May 10 @ 9 AM.

Learn. Discover. Enjoy.

This is LLC.

WEDNESDAY MORNINGS

Wednesday mornings Zoom Video Conference	Plein Air Art Coordinators: Sally Barker, Mary Snowden, Kathy Webster
10:00 AM-12:00 PM 8 weeks Jun 16-Aug 4	Special consideration will be given to Providence Art Club members who may participate with their PAC membership waiving LLC membership and paying only the \$25 class fee.
Fee: \$25 Class size limit: 25	Join us in an enjoyable group Plein Air experience in a combined Zoom and outdoor face to face form Both newcomers as well as the experienced will have an opportunity to spend time exploring the inr artist in themselves. The class will include painting (in any medium), pastels, and drawing. If you have never held a paintbrush, you are welcome to give it a try. And if you are a working artist, just creating

nature is an inspiration.

Format: Each week one or more of the coordinators will begin class with a presentation on some aspect of making art followed by a critique/ viewing of submitted work on Zoom. Each artist enrolled will work outside on their own most weeks and will submit their work via email for critique. Two Wednesdays during the semester, the group will meet at a location for a Plein Air experience following CDC Covid guidelines. One additional group Zoom class will be available for beginning artists on June 9. This is a Zoom video conferencing class (see box on page 2 for more information).

Resources/Expenses: Students will use their own art supplies; once enrolled specific details will be provided. Costs will vary based on supplies on hand.

Coordinators: Mary Snowden is a lifelong painter and retired Art Professor with great creative gifts and an impressive ability to teach and help students learn. Kathy Webster has been a Plein Air painting student since 2010. Sally Barker is a lifelong artist who taught at RISD for most of her career in Textiles, but now moves between painting, encaustic, collage and photography. They have all coordinated many classes for LLC.

WEDNESDAY AFTERNOONS

Wednesday afternoons Zoom Videoconference Class	Hot Topics Coordinators: George Champlin, Lee Golden, Ed Mehlman
1:00-3:00 PM 8 weeks Jun 16-Aug 4 Fee: \$25 Class size limit: 16	Do you enjoy talking with others about news of the day, hearing what they think is important, and why? If so, you'll enjoy Hot Topics. We expect probing and exciting sessions that look at current items in the news. Members of the class take turns selecting a hot topic of the week – one that will stir discussion – and presenting key material to the class. The person presenting the topic gets things rolling with a few questions to stimulate discussion. Don't be surprised if at times the discussions become intense and controversial. Class members should plan to read the <i>Providence Journal</i> and either <i>The New York Times</i> or <i>The Wall Street Journal</i> – or both – along with other news sources they might want to look into. Any medium will do, paper or electronic, if the topics are timely, and hot.

Format: Each week one member of the group will choose one article on current hot topics. After briefly presenting these to the group, they will pose the questions and lead the discussion. The coordinators will act as moderators of the session and help ensure that all viewpoints are heard. This is a Zoom video conferencing class (see box on page 2 for more information).

Resources/Expenses: Participants will need access to Internet and will share articles drawn from newspapers, journals, magazines, and/or news releases with the group by email. No expenses are anticipated other than newspaper subscriptions.

Coordinators: George Champlin, Lee Golden and Ed Mehlman have successfully coordinated this very popular course many times in the past.

Learn. Discover. Enjoy. At home.



WEDNESDAY AFTERNOONS

Wednesday afternoons 2:00-4:00 PM (Note time) 7 weeks Jul 14-Aug 25 Fee: \$25 Class size limit: 10 Note: This is a new course in an outdoor format.

Sound and Story

Coordinators: Barry Marshall, Naida Weisberg

Sounds can define a place, a person, a situation, a story. This course will expand the boundaries of "spoken word" by combining soundmaking and storytelling. Stories may explore poetry, group tellings, improvisations, folk tales, and stories of personal memory and experience. We'll also use simple folk instruments and sound makers (drums, whistles, rattles, bells, and our hands, feet and voices) to play games, and make musical improvisations as we seek ways to integrate the sounds we make and the stories we tell.

Format: Following current COVID protocols, the class will meet in the coordinator's backyard on the Eastside of Providence for the weekly sessions. Once enrolled, participants will receive location directions.

Resources/Expenses: No expenses are anticipated.

Coordinators: Naida Weisberg has her MA in Arts in Education for Social Change. She co-founded !Improvise! Inc. and co-edited *Expressive Arts with Elders* (Jessica Kingsley Publisher, London, 2004). Naida has worked and played with all ages, ill and well. Barry Marshall has his MFA from Yale School of Drama. He taught drama at Moses Brown School for 30 years and has written and directed plays with a wide range of ages and social groups.

NOTE: Participation in this class is at your own risk. Registrants will receive a waiver to sign after registration. Due to the nature of this course, the coordinators request that all participants be fully COVID vaccinated.

THURSDAY MORNINGS

Thursday mornings Zoom Videoconference Class 10:00 AM-12:00 PM	Short Stories from a Unique Vantage Point: Listen to <i>New Yorker</i> Podcasts Coordinator: Mickey Rosenberg
	NOTE: Season Three with all new podcasts!
8 weeks Jul 1-Aug 19 Fee: \$25 Class size limits 20	Close your eyes and let your imagination soar while you listen at home to <i>New Yorker</i> stories in two formats: (1) In <i>The Writer's Voice</i> , a noted author will read you their recently published <i>New Yorker</i> story. You will feel the exact emphasis, phrasing and timing that the writer has intended, deepening the meaning of the work. (2) In <i>The New Yorker Fiction Podcast</i> , a well-known author reads a <i>New Yorker</i> story by another writer that has moved and inspired them. As part of this podcast, the reader and Deborah Treisman (<i>New Yorker</i> fiction editor) discuss this story. These will be totally different podcasts.
Class size limit: 20	

Format: Each week you will experience at home and then discuss in class, two selected *New Yorker* podcasts, one of each format. A link to a text version of the stories will also be available to read and print if desired. Class participants will be expected to choose a story, formulate and email discussion questions to all members, do a short intro and lead the class in discussion. This is a Zoom video conferencing class (see box on page 2 for more information).

Resources/Expenses: The coordinator will provide links to all the podcasts and the text versions. If you are not a *New Yorker* subscriber, there is an introductory rate of \$6 for three months unlimited digital access.

Coordinator: Mickey Rosenberg is a retired doctor and coordinated several prior New Yorker Podcast Short Stories classes.

FRIDAY MORNINGS

Friday mornings Zoom Videoconference Class 10:00-11:00 AM (Note time) 8 weeks Jun 18-Aug 6 Fee: \$80 Class size limit: 18	Get Fit at Home Instructor: Adam Stone / Coordinator: Sam Shamoon
	Note: This is a repeat of a popular course that has been offered several semesters.
	Have you been sitting around during the Coronavirus lockdown? Join us in a personalized exercise course to help you get back on your feet with increased stamina, strength, agility, flexibility, and overall health.
	Format: Our instructor, Adam Stone, will lead you through effective, safe, and functional exercises and offer individual feedback to ensure you employ proper techniques that are appropriate for Seniors. NOTE:
	The coordinator will record each session and email a copy to each class member. This is for your own use

only and not to be distributed anywhere. You will only see the instructor, not yourself or any class member. The purpose is so you can practice the moves on your own time and pace. ALSO NOTE: Participation in this class is at your own risk. Registrants will receive a waiver to sign after registration. This is a Zoom video conferencing class (see box on page 2 for more information).

Resources/Expenses: You may wish to purchase exercise bands or dumbbells available locally.

Instructor: Adam Stone is the owner of STONEFIT, an independent Rhode Island based personal training company. Sam Shamoon, an accomplished LLC coordinator, has been Adam's student for over a year and is delighted with the results.



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