

Resources on Aging, Sexuality, and Intimacy

American Association of Sexuality Educators, Counselors and Therapists **www.aasect.org**

A link to locate sexuality educators, counselors, and therapists in the US and internationally.

AARP on Love and Sex

<https://www.aarp.org/benefits-discounts/members-only-access/in-the-mood/>
<https://www.aarp.org/relationships/love-sex/>

Information and guidance about relationships, love, and sex after 50.

Health in Aging

<https://www.healthinaging.org/a-z-topic/sexual-health>

Discussion of medical issues that affect sexual health in older adults.

(From The American Geriatrics Society Foundation for Health in Aging)

National Institute on Aging on Sexuality and Intimacy

www.nia.nih.gov/health/sexuality

Discussion of issues related to sexuality and aging, including age-related changes, safe sex, and LGBTQ+ aging.

National Resource Center on LGBT Aging

www.lgbtagingcenter.org

Information and resources for LGBTQ+ older adults.

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January 2025